

# How can you help a child with a stammer?



## DOs

- ✓ Praise
- ✓ Encourage 1:1 time
- ✓ Talk to them about it
- ✓ Let them speak
- ✓ Be patient
- ✓ Give them time
- ✓ Keep eye contact
- ✓ Show interest in what they are saying
- ✓ Refer and work alongside their speech therapists
- ✓ Create a relaxing and calm environment, reduce background noises
- ✓ Model talking at a slower pace
- ✓ Allow yes/no answers
- ✓ Make sure you're body language is reassuring
- ✓ Explain to peers what a stammer is
- ✓ Give a child brain breaks



## DON'Ts

- x Interrupt them
- x Assume they don't understand
- x Ask too many questions
- x Finish off their sentences
- x Tell them to hurry up
- x Tell them what to do when they stammer
- x Talk quickly to them
- x Be distracted and appear too busy to listen
- x Force a child to speak or read out aloud

\*Teach all children in the class about taking turns talking and listening